## Dounby School Parent Council School Meals Questionnaire Analysis

The questionnaire was presented at the school sports day and was answered by 45 parents and guardians. The following is the response from the questionnaires that were completed.

## Does your child have School Dinners?

31 responded that their child/children had school meals, 13 said that their child/children had school meals most of the time and only 1 said that their child/children did not have any school dinners.


## Why does your child not eat school diners?

10 people responded that their children did not always have school meals. 7 people said that their children were very fussy, 1 person felt that the food was too fancy and not plain enough for their child/children and 2 people felt that the school meals were too expensive.

## How satisfied are you with the choice offered by the kitchens?

38 people were satisfied with the choice of meals offered by the kitchens, 5 were neither satisfied nor dissatisfied and only 2 were dissatisfied with the choice offered by the kitchens.


## If you are dissatisfied with the choice what would you change?

Of those that were dissatisfied the following comment were made:

- there should be more vegetables and fresh ingredients
- the food should be plainer and more filling
- that hot dogs should not be on the menu.

Do you think your child should be offered more than two helpings?
5 people felt that their child/children should be offered more than two helpings. 33 people felt that their child/children should not be offered more than two helpings. 4 people did not answer. 2 people said offering more helpings depended on the portion size and 1 person said it depended on the type of food.

## Do you think your child should be encouraged to finish their meals?

40 people felt that their child/children should be encouraged to finish their meals. 2 people felt that they should not be encouraged. 1 person was not aware that the kitchen staff encouraged the children to finish their meals. 2 people felt it depended on the food and how much encouragement, while 9 felt that they should not force their child/children to finish their meals.

## If you have a packed lunch what do you include?

Those families that provide their own pack lunches for their child/children included the following items:
Sandwich 16
Yoghurt 25
Fruit/vegetable 24
Crisps 5
Biscuit 6
Cheese 4
Cereal bar 2
Chocolate biscuit 1
Something sweet 1
Cake 2
Custard 1
Jelly 1
Juice 9
Water 3

Parents were asked if they wished to make any other comments in regard to the meals provided for their child/children by the Dounby School Kitchens. The following comments were made:

- Good value for money
- Great job lasses
- Some of the food is too similar
- Some of quality has declined due to budget cuts
- Choice is fantastic
- Happy with the meals, very healthy
- Staff are aware of what the children like
- Good balance
$8^{\text {th }}$ September 2013

